

Group A strep and scarlet fever

When to worry and where to get help



Red

You need urgent help if your child has:



Pale skin that feels cold



Blue lips



Difficulty breathing, talking,
eating or drinking

You should:

- **phone 999**
- **go to the Accident and Emergency Department at your nearest hospital**

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When to worry and where to get help



Red

You need urgent help if your child has:



A fit



**A rash that does not go
when you press it**



Will not stop crying

You should:

- **phone 999**
- **go to the Accident and Emergency Department at your nearest hospital**

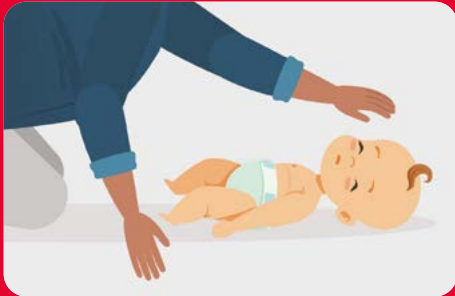
Group A strep and scarlet fever

When to worry and where to get help



Red

You need urgent help if your child:



Is confused or difficult to wake up



Has dark green vomit

You should:

- phone 999
- go to the Accident and Emergency Department at your nearest hospital

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When to worry and where to get help



Amber

You need to contact a doctor or nurse today if your child:



Finds it hard to breathe



Is breathing fast



Cannot swallow saliva

You should:

- Please ring your GP surgery or call NHS 111
- If they are not better after 4 hours and you have not been able to speak to a doctor or nurse, then check they do not have symptoms from the red list.

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When to worry and where to get help



Amber

You need to contact a doctor or nurse today if your child:



Seems drowsy



Is not going for a wee



Is very sleepy

You should:

- Please ring your GP surgery or call NHS 111
- If they are not better after 4 hours and you have not been able to speak to a doctor or nurse, then check they do not have symptoms from the red list.

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When to worry and where to get help



Amber

You need to contact a doctor or nurse today if your child:



Is not able to settle with toys, TV, food or being picked up



Is shivering



Has painful swelling in the neck or behind the ear

You should:

- Please ring your GP surgery or call NHS 111
- If they are not better after 4 hours and you have not been able to speak to a doctor or nurse, then check they do not have symptoms from the red list.

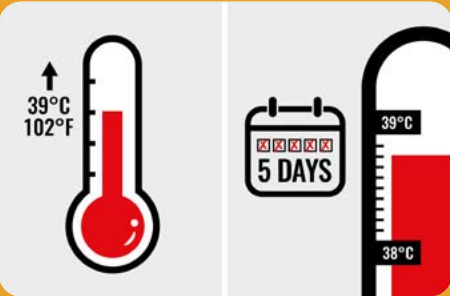
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Amber

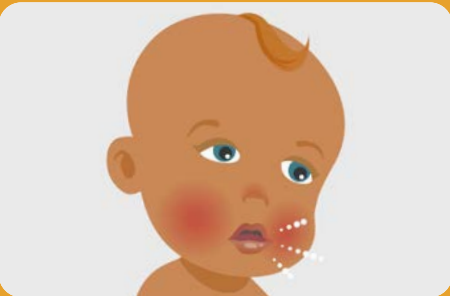
You need to contact a doctor or nurse today if your child:



Has a temperature of above 38°C for more than 5 days



Has a swollen eye



Has a puffy face or eyelids

You should:

- Please ring your GP surgery or call NHS 111
- If they are not better after 4 hours and you have not been able to speak to a doctor or nurse, then check they do not have symptoms from the red list.

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When to worry and where to get help



Amber

You need to contact a doctor or nurse today if your child:



Has wee the colour of Coca Cola



Has swollen, painful joints



Is getting worse and you are worried

You should:

- Please ring your GP surgery or call NHS 111
- If they are not better after 4 hours and you have not been able to speak to a doctor or nurse, then check they do not have symptoms from the red list.

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When to worry and where to get help



Green

If your child does not have any of these symptoms then carry on caring for them at home.



They can go back to school or childcare when they are well and no longer have a high temperature.



There is advice on how to cope with well babies that cry a lot [here](#).

Self care

- If you are still worried then **speak to your health visitor, local pharmacist or call NHS 111.**